

Hurricane Prepping Checklist

- 14 gallons of water per person (*at least!*)
- [Water filtration device](#)
- Paper towels
- Bleach wipes
- Baby wipes
- Cat litter (even if you don't have a cat)
- Bleach
- Disposable rags for cleaning up
- Heavy duty trash bags
- Large package of tealight candles
- Lighters/matches
- Flashlights and batteries
- Glow stick bracelets for kids
- LED headlamps
- [Emergency stove](#) and [additional fuel](#)
- [Emergency food buckets](#)
- Canned soups and stews
- Canned fruits and vegetables
- Canned beans
- Canned tuna, salmon, or other meat
- **Manual can opener**
- Dried fruit
- [Freeze dried fruit and veggies](#)
- Instant oatmeal, cream of wheat, or grits
- Dry cereal
- [Dry milk](#)
- Crackers
- Nut butter and nuts
- Pasta and jarred sauce
- Jerky
- Back-up phone charger
- Solar phone charger
- Crank-style emergency radio
- Applesauce
- Granola bars
- Protein powder
- Pre-cooked rice or quinoa
- Dog food, cat food, pet supplies
- Paper plates
- Styrofoam cups
- Plastic flatware
- Napkins
- Paper towels
- Cleaning wipes
- Reading material, games, craft supplies, puzzles
- Large plastic bin for emergency supplies
- Plywood
- Screws
- Fully charged screwdriver and manual backups
- Duct tape
- Tarps
- Bug spray and insect repellent
- **Prescription medications** (*Essential!*)
- Over the counter medications
- Antihistamines
- Antacids
- Diapers and baby wipes
- Hair elastics (ask any woman with long hair how essential this is!)
- Lip balm
- Sunscreen
- Hand lotion